## **ABSTRACT**

The present invention relates to a recording apparatus and method, to a recording medium, and to a program for recording data files, according to a FAT system, on an information-recording medium, regardless of the capacity of the information-recording medium. In step S1, a FAT block of a size corresponding to the capacity of a FAT-block SDRAM is sequentially copied from the top of a FAT recorded in the information-recording medium to the FAT-block SDRAM. In step S2, a block number is recorded in control data created in response to the FAT block in the FAT-block SDRAM. In step S3, the number of free clusters is counted. If free clusters are available, the number and total capacity of the free clusters are recorded in step S5, the cluster address of the first free cluster is recorded in step S6, and a loadable/unloadable flag set to loadable is recorded in step The present invention is applicable to video cameras. S7.

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